

Free Family Caregiver Event

Presented by Calumet Area Aging Network

Tuesday, September 10, 2024 - 3:30 p.m. - 7:00 p.m.

Fox Valley Technical College, Chilton - 1200 E Chestnut Street

Visit the Exhibitor Tables & Virtual Dementia Tour

3:30 p.m. - 6:00 p.m. - Learn about the many services, resources and educational opportunities in Calumet County that can help you.

3:30 p.m. - 5:30 p.m. – Virtual Dementia Tours - provided by St. Paul Elder Services Memory Care Center. The Tour enables participants to experience for themselves the physical and mental challenges those with dementia face and use the experience to provide better understanding and care. Each tour takes about 15-20minutes. Call the ADRC to register for a tour time at (920) 849-1451.

Attend a Presentation

4:45 p.m. - “Ageless Grace” - The Ageless Grace Brain Health Program is based on consciously choosing to change the brain through physical movements like playful childhood activities that fired neurons and developed neural pathways from birth to mid-teens.

Come learn the history and research behind the program, practice a few of the movements, learn how to practice at home or join a local class!

6:00 p.m. - Giving a SMILE is the biggest gift we can give ourselves - It is powerful in many ways. Helping in all areas of our wellness wheel. We know that it will benefit us emotionally, spiritually, socially, purposefully, intellectually and physically. The outcome is a healthier, happier and longer life. Practice makes perfect!

Speaker - Kim Patterson- Kim has been a teacher for over 20 years and works in the Senior Care industry as a Marketing Director helping families and professionals connect with a service called CarePatrol. Kim Patterson has been a speaker for the Alzheimer's Association for over 10 years. She was honored to represent Wisconsin in San Diego as one of the honored guests at the Alzheimer's Association Annual Conference.



This event is free. All caregivers and family are welcome! Light appetizers will be available. Registration is recommended but not required. To register for the event, call the ADRC at (920) 849-1451.

Respite care is available if needed, but must be requested by September 6th by contacting the Fox Valley Memory Project at 920-225-1711 or email info@foxvalleymemoryproject.org

